

# How to Talk to Your Orthopedic or Sports Medicine Surgeon About **BioBrace®**

A patient guide to taking control of your recovery

## Why this Matters

Whether you're recovering from an ACL or Achilles injury, returning to the activities you love starts with the right treatment. BioBrace® is a next-generation bioinductive implant designed to support soft tissue healing and get you back in motion—faster and stronger.

This guide will help you feel confident discussing your treatment options with your surgeon and ensure you're asking the right questions to support a strong, informed recovery plan.

## Before Your Appointment: Prepare With Confidence

### Do Your Research

Visit [www.conmed.com/biobracepatient](http://www.conmed.com/biobracepatient) to understand how BioBrace® works and how it may support your healing.

### Make Note of Your Goals

Think about what matters most to you after surgery—whether it's returning to sport, reducing downtime, or gaining confidence in the strength of your repair.

### Bring Up BioBrace® Thoughtfully

If you've read about BioBrace® and are curious, it's completely appropriate to mention it during your consultation. You might say: *"I came across a product called BioBrace® while learning about soft tissue repairs. I'd love to understand whether something like this is part of the treatment options you offer."*

## During the Conversation: What to Ask

These questions are designed to help you better understand your surgeon's treatment plan and how BioBrace® may be part of it:

### 1. Understanding the Procedure

"What does the surgical repair involve, and how is BioBrace® used during that process?"

### 2. Clarifying Benefits

"What are the advantages of using BioBrace® in my situation? How does it support healing and recovery?"

### 3. Comparing Options

"Are there different techniques available for this repair? Why might BioBrace® be a good fit for me?"

### 4. Knowing the Timeline

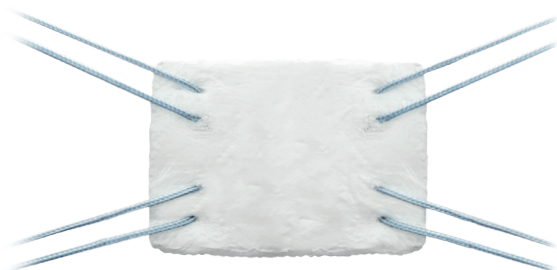
"What should I expect in terms of recovery milestones if BioBrace® is used during my surgery?"

### 5. Discussing Outcomes

"What kind of results do you typically see when BioBrace® is used in this type of procedure?"

### 6. Planning Next Steps

"What do I need to prepare for before and after the procedure? How can I support the best outcome?"



## Smart Questions to Ask Your Surgeon

- How does BioBrace® support healing compared to traditional methods?
- What makes it different from other implants or materials?
- What does the typical recovery timeline look like?
- How long does BioBrace® remain in the body before it's absorbed?
- Are there any risks or considerations I should be aware of?

## Final Thoughts

Your surgeon is the expert in guiding your treatment—but being prepared and engaged in the conversation helps ensure your recovery aligns with your goals. By asking thoughtful questions and understanding your options, you can play an active role in your healing journey.

*"I'd like to understand more about how BioBrace® fits into the plan. It's important to me that I recover fully and get back to doing what I love."*

**BioBrace® is helping patients recover with strength, confidence, and control.**  
Ask your surgeon if it's the right fit for your repair.

Visit the website  
to learn more



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