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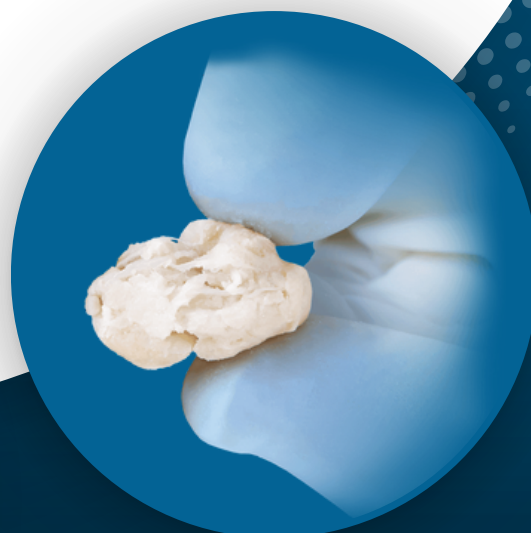


NEW YORK CITY, NY

September 28, 2024

WOMEN'S FORUM: ADVANCED

TECHNIQUES IN KNEE SPORTS MEDICINE



FACULTY

Elizabeth Dennis, MD MS

Laurie Hiemstra, MD

Beth Shubin Stein, MD

REGISTER NOW!





WOMEN'S FORUM: Advanced Techniques in Knee Sports Medicine

FACULTY



Dr. Elizabeth Dennis

Mount Sinai Health System - New York

Dr. Elizabeth Dennis, a Board Certified Orthopedic Surgeon at Mount Sinai Health System, earned her medical degree from Columbia University. She completed a Sports Medicine Surgery Fellowship at The Hospital for Special Surgery, where she provided care for the New York Rangers, the New York Mets, and the Brooklyn Cyclones. Dr. Dennis is also an Assistant Professor of Orthopedic Surgery at the Icahn School of Medicine at Mount Sinai and a

physician for players at the US Open. Skilled in minimally invasive arthroscopy and advanced surgical techniques, she specializes in treating musculoskeletal conditions in the knee and shoulder. Dr. Dennis focuses on patellofemoral research, with numerous publications in peer-reviewed journals and presentations at national and international conferences.



Dr. Laurie Hiemstra

Banff Sport Medicine - Banff

Dr. Laurie Hiemstra, Director of Research and Orthopaedic Surgeon at Banff Sport Medicine, earned her medical degree from the Memorial University of Newfoundland and also has a PhD in Neuromuscular Physiology. She completed her residency at the University of Manitoba and a Clinical Fellowship at the University of Western Ontario. She worked at the University of Calgary Sport Medicine Centre where she also holds a Clinical Lecturer appointment.

Dr. Hiemstra's research focuses on knee ligament injury, prevention of secondary injury, rehabilitation and surgical outcomes with emphasis on ACL injury and reconstruction and patellofemoral instability.



Dr. Beth Shubin Stein

Hospital for Special Surgery - New York

Dr. Beth Shubin Stein is an Associate Attending Orthopedic Surgeon and member of the Sports Medicine and Shoulder Service at the Hospital for Special Surgery. She earned her medical degree from Columbia University and currently holds the position of Associate Professor at Weil Cornell Medical College. Dr. Shubin Stein has served professional sports teams such as the New York Power and the United States Federation Cup Tennis Team. Her focus is on

arthroscopic and reconstructive surgery of the shoulder and knee utilizing advanced arthroscopic and minimally invasive techniques for knee injuries and disorders. Specializing in patellofemoral instability and arthritis, she has shared her knowledge through publications, teaching, and presentations on a national scale.



Women's Forum: Advanced Techniques in Knee Sports Medicine

AGENDA

September 28, 2024 - Didactic Sessions

7:30a - 8:00a	Arrivals, Breakfast, and Symposium Introduction
8:00a - 8:30a	When to do More in Your ACL Reconstruction
8:30a - 9:00a	Approaches to MCL Injuries
9:00a - 9:30a	Considerations When Saving the Meniscus
9:30a - 9:45a	<i>Break & Transition to Bioskills Lab</i>
9:45a - 11:45a	<i>Knee Lab: Session 1</i>
11:45a - 12:30p	Lunch & Women In Orthopedics Discussion
12:30p - 1:30p	Treating the Problematic Patella: MPFL & Cartilage Lesions
1:30p - 2:30p	Guide to Augmentation in Extensor Mechanism Injuries
2:30p - 2:45p	<i>Break & Transition to Bioskills Lab</i>
2:45p - 4:45p	<i>Knee Lab: Session 2</i>
4:45p - 5:00p	Final Remarks & Course Adjourns

Agenda is subject to change