



A GLOBAL EXTREMITY COMPANY

DYNAMIC, TRANSVERSE COMPRESSION

CoLink XP Plating System





COMPRESSIVE FORCE

Dynamic, Transverse Compression

Use of the Transverse, Cross-joint Screw provides mechanical compression across the fusion site and to stimulate fusion.













- The MTP Plate is indication specific, designed to compress and aid fusion of the 1st MTPJ
- Standard 6 Hole, with Transverse Compression with Joint Line Placement laser mark reference.
- Revision Plate with Standard Compression Slot

Lapidus Plates are indication specific designed for use in fusions of the first MCJ

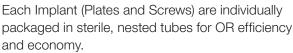
- Transverse Compression Screw, eliminates need for independent cross joint screw
- 3 sizes available; Standard, +1mm and +2mm steps

The CoLink **Y Plate** is designed to address a variety of midfoot indications and includes our Transverse Compression Screw feature

The **H Plate** is available in Small, Medium and Large options with large center hole for unobscured radiology

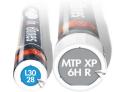
The **Universal Plates** design allows patient specific contours and can be combined with other plates to treat more complex fractures. Available in 2 to 6 hole configurations. Plates feature an Oblong Compression Slot option.

Sterile, OR Ready



The exterior tube releases the sterile interior sleeve with subsequent sterile Implant on holder ready for the surgery.

The color-coded end cap identifies the Implant or Screw style and configuration or length.



Easy identification on tube ends



Easy open, sterile tubes

Traceability

Plates and Screws are individually packaged in

sterile nested tubes

Bones

The Implant package includes Unique Device Identification labeling on a series of self-adhesive labels for convenient and comprehensive implant traceability for hospital and patient records.





Low Profile...

Anatomic Design, Tapered Edge Contours and...

Type II Anodized

- Enhanced lubricity*
- Improved fatigue strength and wear and corrosion resistance*
- Biocompatible
 *compared to color anodized and stainless steel plates

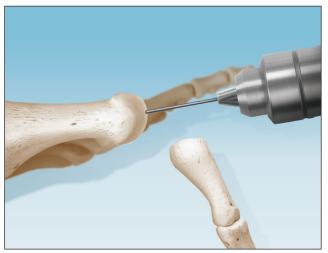
MTP SURGICAL TECHNIQUE COLINK XP Plates COMPRESSION PLATING SYSTEM



INCISION/EXPOSURE

A dorsal longitudinal incision is commonly used. This approach provides excellent exposure of the MTP joint.

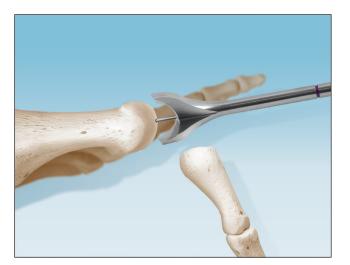
A medial approach may be considered in patients where healing of the skin flap may be problematic.



METATARSAL PREPARATION

The amount of bone resection depends upon the desired length of the 1st metatarsal. (Note: Some revision cases may require additional resection).

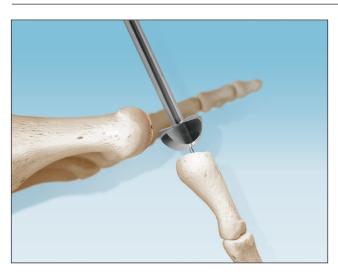
Displace the phalanx plantarly to expose the metatarsal head. Using a powered drill, place a 1.6mm Guide Wire proximally through the center of the metatarsal head and into the diaphysis.



METATARSAL REAMING

Beginning with the largest diameter Reamer, place the Reamer over the Guide Wire and gently ream the metatarsal head until bleeding subchondral bone becomes visible on the joint surface. To ensure proper sizing, it is advisable to begin by using the largest size Reamer, and then downsize to match the diameter of the metatarsal head. Take note of the last Reamer size used. NOTE: Make sure to protect the sesamoids, and check the progress of the Reamer frequently to prevent excessive shortening of the metatarsal.

Once reaming is complete, the Guide Wire can be held to elevate the metatarsal head to enable the removal of the bone on the plantar aspect.





PHALANGEAL PREPARATION

The proximal phalanx is plantar flexed using a retractor of choice. The 1.6mm Guide Wire is again placed in the center of the articular cartilage and directed through the diaphysis. Care should be taken not to penetrate the interphalangeal joint.

Reaming should begin by using the smallest size of phalangeal Reamer and must end with the same diameter size as the last Reamer on the metatarsal head. NOTE: The metatarsal head should be protected when reaming.

Both the metatarsal and phalangeal reaming should end with the same size. Example, if the metatarsal reaming stopped at 18mm, the last and largest reamer used on the phalanx will be 18mm.

PROVISIONAL PLACEMENT & TRIAL PLATE EVALUATION

Align the metatarsal and phalangeal surfaces in the desired position and rotate the bones to determine the dorsal flexion and valgus angles.

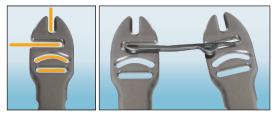
Once this is determined a provisional Guide Wire should be placed across the joint through the plantar aspect, aligning the joint in the proper and final arthrodesis position.

With the joint now stationary, the Trial Plate should be placed over the joint and evaluated. This evaluation should determine the degree of bend (if any) is required.



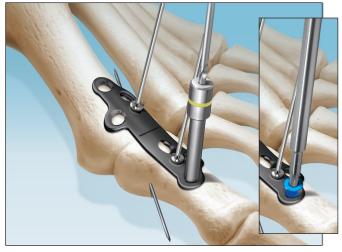
PLATE SELECTION

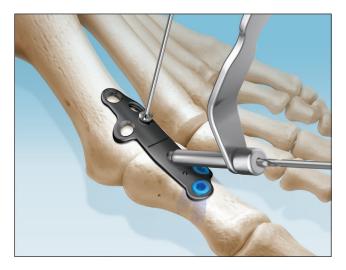
Once the correct Plate size has been determined, open the sterile tube to retrieve the Sterile Plate. If necessary bend the Plate to the required shape using the Plate Benders provided within the Instrument Set. NOTE: Plates should only be bent in one direction. Never re-bend Plates.



MTP SURGICAL TECHNIQUE cont. COLINK XP Plates COMPRESSION PLATING SYSTEM







POSITIONING

The Plate should then be positioned over the joint using the Laser Mark to approximate the joint line.

Temporarily fix in place with the Olive Wires in the Wire Hole and Wire Slot. Position the proximal Olive Wire in the most proximal placement in the Wire Slot.

Distal Screw Prep

Begin Screw placements with the most distal holes and follow the suggested sequence at right. For CoLink[®] XP Transverse Compression Plates, the distal Screws should be placed first. NOTE: All Plate Screw holes can accommodate both locking and non-locking screws (3.0mm and 3.5mm diameter). The Transverse Hole can only accommodate a 3.0mm Transverse Lag Screw.

Transverse Screw Prep

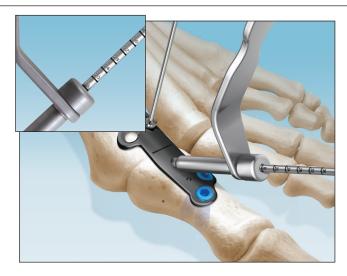
Once the Distal screws are in place, the Transverse Drill Guide can be used to prepare the Transverse screw hole. For optimum lag screw orientation, ensure the Drill Guide is seated completely in the Transverse hole. Correct placement is with Handle vertical (90°) to plate with Screw trajectory at ~40° to plate. The plantar provisional Guide Wire should be removed and the appropriate 3.0mm lag screw placed in the Transverse hole.

Transverse Screw Insertion / Compression

The lag screw should be tightened in a clock-wise motion. Once the joint is compressed, the remaining proximal screws are inserted and all temporary fixation wires are removed.











MEASURE TRANSVERSE SCREW LENGTH

Use the Laser Markings on the provided Reamer with the provided Drill Guide for correct Transverse Screw length. **OPTIONAL**: The provided Depth Gauge can be used, however the depth reading must be adjusted -2mm to compensate for the space between Depth Gauge on Plate surface and actual bone surface.

NOTE: Also, a Screw length subtraction of 1-2mm may be required if the joint is not completely reduced when the measurement is performed.



reading 24mm adjustment - 2mm actual screw length 22mm

Transverse Screw Insertion / Compression

The lag screw should be tightened in a clock-wise motion. Once the joint is compressed, the remaining proximal screws are inserted and all temporary fixation wires are removed.

Plantar Screw Option

A non-locking plantar screw can be implanted to insure stable fixation. Surgical closure should be performed in a normal fashion.

DYNAMIC, TRANSVERSE COMPRESSION COLink XP Plates



CoLink XP Plating System

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CoLink* MTP Plates CATALOG NO DESCRIPTION	CoLink' Plate Screw Non-Locking CATALOG NO DIA LENGTH, STYLE V30 ST208 3.0 x 8mm, Non-Locking V30 ST210 3.0 x 10mm, Non-Locking V30 ST214 3.0 x 10mm, Non-Locking V30 ST214 3.0 x 14mm, Non-Locking V30 ST218 3.0 x 16mm, Non-Locking V30 ST218 3.0 x 16mm, Non-Locking V30 ST220 3.0 x 20mm, Non-Locking V30 ST224 3.0 x 20mm, Non-Locking V30 ST224 3.0 x 22mm, Non-Locking V30 ST224 3.0 x 24mm, Non-Locking V30 ST224 3.0 x 24mm, Non-Locking V30 ST224 3.0 x 26mm, Non-Locking V30 ST228 3.0 x 28mm, Non-Locking V30 ST228 3.0 x 28mm, Non-Locking	CoLink* Plate Screw Locking DIAx LENGTH, STYLE V30 ST308 3.0 × 8mm, Locking V30 ST310 3.0 × 10mm, Locking V30 ST312 3.0 × 10mm, Locking V30 ST314 3.0 × 11mm, Locking V30 ST318 3.0 × 16mm, Locking V30 ST320 3.0 × 20mm, Locking V30 ST322 3.0 × 20mm, Locking V30 ST324 3.0 × 20mm, Locking V30 ST324 3.0 × 20mm, Locking V30 ST326 3.0 × 20mm, Locking V30 ST326 3.0 × 20mm, Locking V30 ST328 3.0 × 20mm, Locking V30 ST328 3.0 × 20mm, Locking V30 ST328 3.0 × 20mm, Locking
CoLink* Lapidus Plates P40 ST145 Lapidus Plate XP, Std., Right LP XP 0R P40 ST245 Lapidus Plate XP, Std., Left LP XP 0L P40 ST155 Lapidus Plate XP,+1 mm, Right LP XP 1L P40 ST265 Lapidus Plate XP,+2 mm, Right LP XP 1L P40 ST265 Lapidus Plate XP,+2 mm, Left LP XP 2R P40 ST265 Lapidus Plate XP,+2 mm, Left LP XP 2L	 V35 ST208 3.5 x 8mm, Non-Locking V35 ST210 3.5 x 10mm, Non-Locking V35 ST212 3.5 x 12mm, Non-Locking V35 ST214 3.5 x 14mm, Non-Locking V35 ST216 3.5 x 16mm, Non-Locking V35 ST218 3.5 x 16mm, Non-Locking V35 ST220 3.5 x 20mm, Non-Locking V35 ST220 3.5 x 22mm, Non-Locking V35 ST224 3.5 x 22mm, Non-Locking V35 ST226 3.5 x 22mm, Non-Locking V35 ST228 3.5 x 22mm, Non-Locking V35 ST226 3.5 x 22mm, Non-Locking V35 ST228 3.5 x 28mm, Non-Locking V35 ST230 3.5 x 30mm, Non-Locking V35 ST234 3.5 x 32mm, Non-Locking V35 ST234 3.5 x 38mm, Non-Locking V35 ST238 3.5 x 40mm, Non-Locking 	V35 ST308 3.5 × 8mm, Locking V35 ST310 3.5 × 10mm, Locking V35 ST312 3.5 × 114mm, Locking V35 ST314 3.5 × 14mm, Locking V35 ST316 3.5 × 16mm, Locking V35 ST318 3.5 × 16mm, Locking V35 ST314 3.5 × 10mm, Locking V35 ST312 3.5 × 10mm, Locking V35 ST320 3.5 × 20mm, Locking V35 ST324 3.5 × 22mm, Locking V35 ST326 3.5 × 28mm, Locking V35 ST326 3.5 × 28mm, Locking V35 ST326 3.5 × 30mm, Locking V35 ST326 3.5 × 30mm, Locking V35 ST326 3.5 × 30mm, Locking V35 ST334 3.5 × 30mm, Locking V35 ST336
CoLink* Y Plate P40 ST055 Y-Plate XP, 5-Hole YP XP	CoLink [®] Transverse Screw CATALOG NO DIA×LENGTH, STYLE V30 ST418	CoLink ^a Transverse Screw cont. CATALOG NO DIAXLENGTH, STYLE V30 ST430 3.0 x 30mm, Transverse V30 ST432 3.0 x 32mm, Transverse V30 ST434 3.0 x 36mm, Transverse V30 ST438 3.0 x 38mm, Transverse V30 ST438 3.0 x 40mm, Transverse
Collink' Universal Plates P40 ST012 Universal Plate, 2-hole UP 2H P40 ST013 Universal Plate, 3-hole UP 3H P40 ST014 Universal Plate, 4-hole UP 4H P40 ST015 Universal Plate, 5-hole UP 5H P40 ST016 Universal Plate, 6-hole UP 6H	Sterile Implant Tube ID Legend COLOR CODE: PLATE FAMILY LETTER CODE: IMPLANT STYLE See Cap Code column next to plate ID at left	Screws Tube ID Legend COLOR CODE: SCREW STYLE / DIAMETER Transverse = 3.0 Locking / Nonlocking = 3.5 Locking / Nonlocking =
CoLink* H Plate P40 ST021 H Plate, Small HP SM P40 ST022 H Plate, Medium HP MD P40 ST023 H Plate, Large HP LG P04 S0001CoLink* Disposable Sterile Instruments for 3.0/3.5 Screws; Drills, Olive Wires, Guide Pins	Example code designates: CoLink MTP XP Std, Right	 Example Screw code designates: Locking 3.0 x 28mm INSTRUMENT TRAY Driver Handle Color Coded Non-locking Drill Guides Transverse Drill Guides Color Coded Locking Drill Guides Color Coded Locking Drill Guides Plate Benders Depth Gauge Cup & Cone Reamers T8 Driver Plate Trials
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