# COMPREHENSIVE LOW-PROFILE CALCANEAL FIXATION SYSTEM

# **CoLink Cfx Z-Plasty**

Precision Flatfoot Reconstruction



Plates and Screws OR Ready, Delivered Sterile

• Anatomic Design • Type II Anodized •

## www.Z-Plasty.com



A GLOBAL EXTREMITY COMPANY

# Colink Cfx Calcaneal fixation system

# System Overview

### he CoLink. Calcaneal Fixation System is a

collection of plates and screws targeted at orthopaedic indications of the calcaneus. The system has four plate families to address traumatic fractures and osteotomies of the calcaneus. The system consists of MIS, MIS Extended, Perimeter fracture, and Z-Plasty- Osteotomy plates in various sizes to account for anatomical variations. Associated cortical screws are 3.5mm locking and non-locking, and 4.0mm cancellous non-locking screws.

All implants are provided sterile packaged. This system utilizes a set of reusable instruments, inclusive of plate trials, for proper size determination prior to selecting the plate. The system also uses a set of single-use, sterile wires and drills to assist with implant placement.

# CoLink<sup>®</sup> Cfx Plates



# CoLink<sup>®</sup> Cfx Drill Guides





# plates, in one size

Z-Plasty Plate

osteotomy

Fixation for Z lateral

column lengthening

 Guided instrumentation for reproducible outcomes

Left and right specific



## eS Double-ended

Non-locking Guide
Use the blue end for non-locking, off-axis, 3.5mm cortical and



- 4.0mm cancellous screws.
- Depth measurement with Drill laser markings or via Standard Depth Gauge

#### Locking Drill Guide

• For on-axis 3.5mm locking screws



• Depth

measurement with Drill laser markings or via Standard Depth Gauge

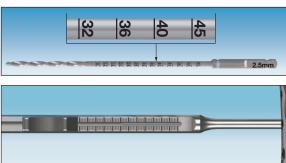
# CoLink<sup>®</sup> Cfx Screw Sizing Options

## **Calibrated Drill Screw Sizing**

Determine the screw length from the calibrated markings on the Drill relative to the top the Drill Guide.

### **Depth Gauge Screw Sizing**

Place the nose of the Depth Gauge into the screw hole. Hook the far cortex with the probe. Read the measurement on the Depth Gauge body for bi-cortical screw length.





# 3.5mm Locking & Non-Locking Screws

• Drill Guides = Light Blue band

• Depth measurement with Drill Laser Markings or via standard Depth Gauge.



## 4.0mm Cancellous Screw

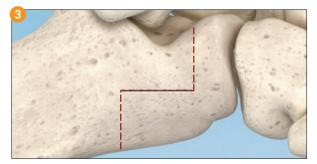
- Drill Guides = Light Blue band
- Depth measurement with Drill Laser Markings or via standard Depth Gauge.

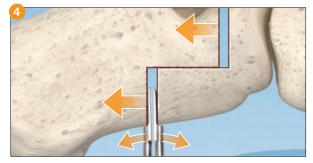
**NOTE**: Non-locking screws may be placed up to 15 degrees in any direction off the center axis of the screw hole.

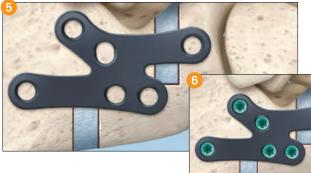
# CoLink Cfx Z-Plasty<sup>®</sup> Surgical Technique











#### Incision/Exposure

Place a lateral, linear incision over the peroneal tendons overlying the anterior body of the calcaneus from the calcaneocuboid joint to the peroneal tubercle 1. Carefully dissect, retract, and protect any neurovascular structures including the sural nerve. Expose, examine, and repair the peroneal tendons as necessary.

Expose the lateral calcaneal body for planning of the Z-osteotomy.

#### **Z-Plasty Cutting Guide**

Template the "Z" using the provided side-specific saw Cut Guide. This guide is referenced off the calcaneocuboid joint to begin the saw-cut 13 mm proximal to the joint line 🔼.

Pin the guide in place with two Olive Wires and verify with imaging 2.

Note: Ideal placement of the guide is centered at the midline of the calcaneus.

#### **Initial Osteotomy Cut**

3 Perform the initial osteotomy via the cutting guide, as pictured, and remove the guide.

#### Superior/Inferior Osteotomies

Starting at the anterior-superior Olive Wire hole, make a vertical osteotomy

extending from the transverse osteotomy to the superior aspect of the calcaneus. The proximal osteotomy will reference the posterior-inferior Olive Wire hole and

extend distally to the inferior aspect of the calcaneus.

**Tip**: The peroneals may need to be retracted inferiorly during the performance of the anterior portion of the osteotomy and superiorly during the creation of the proximal osteotomy.

#### **Z-Plasty Spreader Use**

Use the Z-Plasty Spreader **B** in either the distal or proximal osteotomy to distract and lengthen to desired correction 4.

This lengthening may be 'dialed in' and reviewed with AP imaging; TN coverage may be used to determine the amount of distraction lengthening desired.

#### **Recommended Bone Grafting**

Bone or wedge grafting of the osteotomy site is recommended per the surgeon's preference 5.

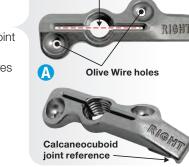
Use the supplied plate trials to determine plate selection; place and secure the corresponding implant in place with the supplied Olive Wires through any of the plate holes 6.

Follow the screw placement technique to place screws in all available plate holes.

Close the incision by preferred methods.

#### Removal

For removal, use the supplied CoLink Calcaneal Fixation System instrument set to remove the plate screws followed by removal of the plate from the bone.



**Z-Plasty Spreader** 

Note: Take care not to over-tighten in the closed position for insertion

into the osteotomy or loading into

the instrument trav.

Osteotomy cut template

# COMPREHENSIVE LOW-PROFILE CALCANEAL FIXATION SYSTEM

# CoLink<sup>,</sup> Cfx

	CoLink <sup>®</sup> Cfx Calcaneal Plates CATALOG NO DESCRIPTION	
MIS L	P80 ST111 MIS Plate, Small, Right	
	P80 ST211 MIS Plate, Small, Left P80 ST112 MIS Plate, Large, Right	
MIS EXT S	P80 ST212 MIS Plate, Large, Left	
MIS EXT L	P80 ST121 MIS Plate, Ext, Small, Right P80 ST221 MIS Plate, Ext, Small, Left P80 ST122 MIS Plate, Ext, Large, Right P80 ST222 MIS Plate, Ext, Large, Left	
SMALL		
MEDIUM	P80 ST131 Perimeter Plate, Small, Right P80 ST231 Perimeter Plate, Small, Left P80 ST132 Perimeter Plate, Medium, Ri	
LARGE	P80 ST232 Perimeter Plate, Medium, Le P80 ST133 Perimeter Plate, Large, Right P80 ST233 Perimeter Plate, Large, Left	
	P80 ST141 Z-Plasty Plate, Right	



P80 ST241 ...... Z-Plasty Plate, Left

1 - 2.5 X 60mm Drill 2 - Olive Wire 0.045 X 2.5" 1 - Lag Drill, 3.5mm

2 - Guide Wire, Single Trocar, 0.06 X 6"

#### CoLink<sup>®</sup> Cfx Instruments Single-Use, Sterile Kit - P08 S0001

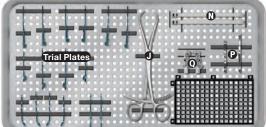
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#### In separate, single-use sterile packs:

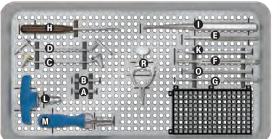
P04 S0221 .... Olive Wire - 0.045 X 2.5", 2 Pack, Sterile P06 S2333 .... Guide Wire - Single Trocar, 0.06 X 6", 2 Pack, Sterile P07 S0041 .... T15 Driver, AO, Sterile

P08 S0051 .... Schanz Pin - threaded, 5 X 175mm, Sterile

#### **Top Reusable Tray**



#### **Bottom Reusable Tray**



CoLink®	Cfx 3.5mm L CATALOG NO	OW-Pro Cortical Screws
	P73 ST010	3.5 x 10mm Non-Locking
<b>U</b>	P73 ST012	3.5 x 12mm Non-Locking
Color 불	P73 ST014	3.5 x 14mm Non-Locking
code	P73 ST016	3.5 x 16mm Non-Locking
A 1	P73 ST018	3.5 x 18mm Non-Locking
<b>W 2</b>	P73 ST020	3.5 x 20mm Non-Locking
	P73 ST022	3.5 x 22mm Non-Locking
	P73 ST024	3.5 x 24mm Non-Locking
	P73 ST026	3.5 x 26mm Non-Locking
	P73 ST028	3.5 x 28mm Non-Locking
	P73 ST030	3.5 x 30mm Non-Locking
	P73 ST032	3.5 x 32mm Non-Locking
	P73 ST034	3.5 x 34mm Non-Locking
	P73 ST036	3.5 x 36mm Non-Locking
	P73 ST038	3.5 x 38mm Non-Locking
	P73 ST040	3.5 x 40mm Non-Locking
	P73 ST042	3.5 x 42.5mm Non-Locking
	P73 ST045	3.5 x 45mm Non-Locking
	P73 ST047	3.5 x 47.5mm Non-Locking
	P73 ST050	3.5 x 50mm Non-Locking
	P73 ST052	3.5 x 52.5mm Non-Locking
	P73 ST055	3.5 x 55mm Non-Locking
	P73 ST057	3.5 x 57.5mm Non-Locking
	P73 ST060	3.5 x 60mm Non-Locking
Col ink <sup>®</sup>	Cfx 35mm I	Locking Screws
COLINA	P73 ST110	3.5 x 10mmLocking
- =	P73 ST112	3.5 x <b>12mm</b> Locking
	P73 ST114	3.5 x 14mm Locking
<b>A</b>	P73 ST116	3.5 x 16mm Locking
<b>W</b>	P73 ST118	3.5 x <b>18mm</b> Locking
	P73 ST120	3.5 x <b>20mm</b> Locking
	P73 ST122	3.5 x 22mm Locking
UT I	P73 ST124	3.5 x 24mm Locking
	P73 ST126	3.5 x <b>26mm</b> Locking
	P73 ST128	3.5 x 28mm Locking

CoLink <sup>®</sup> Cf	x 3.5mm L	ocking Screws - cont.
F	73 ST134	3.5 x 34mm Locking
F	73 ST136	3.5 x 36mm Locking
F	73 ST138	3.5 x 38mm Locking
F	73 ST140	3.5 x 40mm Locking
F	73 ST142	3.5 x 42.5mm Locking
F	73 ST145	3.5 x 45mm Locking
F	73 ST147	3.5 x 47.5mm Locking
F	73 ST150	3.5 x 50mm Locking
	73 ST152	3.5 x 52.5mm Locking
	973 ST155	3.5 x 55mm Locking
	973 ST157	3.5 x 57.5mm Locking
F	973 ST160	3.5 x 60mm Locking
CoLink <sup>®</sup> Cf	x 4.0mm Ca	ancellous Screws
F	74 ST010	4.0 x 10mm Cancellous
- 🖌 👿 F	74 ST012	4.0 x 12mm Cancellous
-   💆 🛃 F	74 ST014	4.0 x 14mm Cancellous
- 💼 불 F	74 ST016	4.0 x 16mm Cancellous
	74 ST018	4.0 x 18mm Cancellous
	74 ST020	4.0 x 20mm Cancellous
- · ·	74 ST022	4.0 x 22mm Cancellous
	974 ST024	4.0 x 24mm Cancellous
	74 ST026	4.0 x 26mm Cancellous
	74 ST028	4.0 x 28mm Cancellous
	74 ST030	4.0 x 30mm Cancellous
	74 ST032	4.0 x 32mm Cancellous
	74 ST034	4.0 x 34mm Cancellous
	74 ST036	4.0 x 36mm Cancellous
	74 ST038	4.0 x 38mm Cancellous
	974 ST040	4.0 x 40mm Cancellous
	74 ST042	4.0 x 42.5mm Cancellous
	74 ST045	4.0 x 45mm Cancellous
	74 ST047	4.0 x 47.5mm Cancellous
	74 ST050	4.0 x 50mm Cancellous
	74 ST052	4.0 x 52.5mm Cancellous
	74 ST055	4.0 x 55mm Cancellous
	74 ST057	4.0 x 57.5mm Cancellous
- F	74 ST060	4.0 x 60mm Cancellous

#### **Reusable Tray Components**

PO8 N0081 ...... Locking Drill Guide, 2.5mm

P73 ST130 3.5 x 30mm ..... Locking

B P07 N0231 ...... Lag Guide, 2.5mm

P73 ST132 3.5 x 32mm.

- P07 N0291 ...... VA NL Drill Guide, 1.9 & 2.5mm
- P07 N0151 ...... NL Drill Guide, 2.5 & 3.5mm
- P08 N0091 ...... Bone Tamp, 5mm X 6"
- P07 N0251 ...... Easy Clean Depth Gauge
- **G** P06 N0661 ...... Lag Screw Sizer, 6"
- P07 N0261...... Periosteal Elevator, 7.25" 6mm Straight Blade
- P08 N0021 ...... Cobb Elevator, 3/8"
- P08 N0011 ...... 8" Reduction Bone Forceps
- P07 N0221 ..... Dental Pick
- P08 N0041 ...... T-Handle, AO, QC
- P04 N0063 ...... Ratcheting Handle, AO QC
- P07 N0121 ...... Plate Bender
- P08 N0031 ...... Threaded Bending Bar
- P08 N0071/2 .... MIS Extended Marking Guide; Sm/Lg
- P08 N0061/2 .... Cfx Z-Plasty Cutting Guides; L/R
- PO8 N0101 ...... Z-Plasty Spreader

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### **Corporate Headquarters**

In2Bones Global, Inc. • Memphis, TN • USA 844. 602. 6637 • Info@i2b-USA.com

**International Office** In2Bones SAS • Lyon • France +33 (0)4 72 29 26 26

In2Bones.com

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